



CORONAVIRUS PATIENT GUIDANCE

Mild coronavirus:

- There is no treatment for mild coronavirus.
- Symptoms will usually go away on their own.
- Just as with the common cold, it is recommended to increase fluids, rest and take fever-reducing medication, if needed.
- Although most patients will only experience mild symptoms, patients should remain isolated for 14 days to prevent further spread of the virus.
- Coronavirus is most dangerous in people over 65 or someone with a chronic illness or weak immune system.
- Patients with potential coronavirus symptoms **SHOULD NOT ENTER** the health center.

Use CareHere.com or the CareHere App. Select **Medical** appointment. Enter 'TeleVisit' and your phone number in the **Reason for Visit** section.

Or call our Patient Support Center at 877.423.1330.

Coronavirus symptoms prompting an ER visit:

- Go to the Emergency Room if you are having extreme symptoms such as high fever, vomiting, difficulty breathing or a combination of these extreme symptoms.
- If possible, phone ahead so that precautionary measures can be taken prior to your arrival.